

Extreme Light Infrastructure (ELI) and Hadron Therapy

D. C. Dumitras, R. Dabu, D. C. A. Dutu, C. Matei, A. Achim, M. Patachia,

M. Petrus, A. M. Bratu, S. Banita

Department of Lasers, National Institute for Laser, Plasma and Radiation Physics,

P. O. Box MG-36, 409 Atomistilor St., 077125 Bucharest, Romania

E-mail: dan.dumitras@inflpr.ro

Abstract

Hadron therapy is a part of radiation therapy, which uses not only beams of high energy ions, but also π -mesons, neutrons, electron beams, X- and gamma rays to irradiate cancer tumors.

Proton therapy is an effective treatment especially against cancers located in areas which are inaccessible to surgeon's instruments or which are hard to treat by radiotherapy.

Among the advantages of proton therapy we mention: the proton beam scattering on the atomic electrons is weak and thus there is less irradiation of healthy tissues

in the vicinity of the tumor; the deceleration length for a proton with given energy is fixed, which avoids undesirable irradiation of healthy tissues behind the tumor; the well localized maximum of the proton energy losses in matter (the Bragg peak) leads to a substantial increase of the radiation dose in the vicinity of the proton stopping point.

Our work will first describe the benefits of proton therapy vs. X-ray and the present status of the art of medical applications of proton beams generated by conventional accelerators of charged particles (synchrotrons, cyclotrons, linacs).

A laser-based accelerator is fairly attractive because of its compactness and of the additional possibility it offers of controlling the proton beam parameters.

For medical applications, the maximum proton energy must be in the range of $230\ \text{to}\ 250\ \text{MeV}.$

The present-day laser parameters (pulse energy, pulse duration, peak intensity and focal spot size) are not yet optimized for the intended applications.

Laser proton accelerators are based on the fact that the nonlinear interaction of high-power laser radiation with matter is accompanied by the efficient conversion of laser energy into the energy of fast particles.

In the last years, energetic proton beams with high beam quality have been produced from thin metallic foils irradiated by ultraintense short laser pulses ($I > 10^{18} \,\mathrm{W}$ cm-2).

These proton beams have a number of unique properties, including high brightness and ultralow emittance, they are extremely laminar, collimated, with a smooth angular distribution and a duration of the order of tens of femtosecond till one picosecond.

The characteristics of targets used in laser proton accelerators are very important and the solutions to increase proton generation efficiency will be discussed.

Other applications of proton beams, such as fusion, radiotherapy, PET and spallation will be shortly presented.

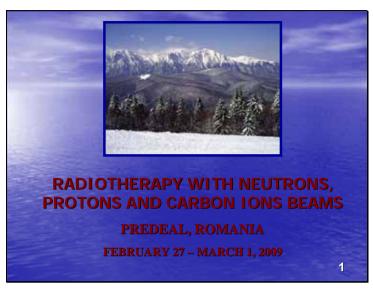
The last section of the work will be dedicated to the Extreme Light Infrastructure (ELI), which will be the first pan-European large-scale facility dedicated to multidisciplinary applications.

It will be an Exawatt-class laser, approximately 1000 times more powerful than either existing laser.

This gigantic scientific machine would serve to investigate a new generation of compact accelerators delivering energetic particles and radiation beams of femtosecond (10^{-15} s) to attosecond (10^{-18} s) duration and intensities exceeding $I_L > 10^{25}$ W/cm².

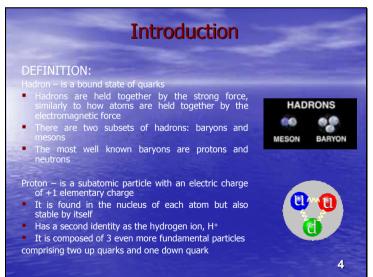
In this way, it will be possible to explore for the first time the intensity territory of ultrarelativistic regime ($I_L > 10^{23}$ W/cm²), where a plethora of novel effects will be studied: X-ray generation, γ -ray generation, relativistic self focusing, high-harmonic generation, electron and proton acceleration, neutron and positron production, as well as manifestation of nonlinear QED effects.

Finally, the present situation and the future plans to increase the laser power capability at INFLPR, Bucharest, will be discussed.









Introduction

Hadron therapy is a part of radiation therapy, which uses not only beams of high energy ions, but also π-mesons, neutrons, electron beams, X- and gamma rays to irradiate cancer tumors

<u>Proton therapy</u> is an effective treatment especially against cancers located in areas which are inaccessible to surgeon's instruments or which are hard to treat by radiotherapy (brain tumors, in areas close to the spinal cord, inside the eye, etc.)

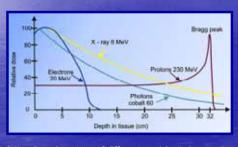
Advantages of proton therapy:

- the proton beam scattering on the atomic electrons is weak and thus there is less irradiation of healthy tissues in the vicinity of the tumor
- the deceleration length for a proton with given energy is fixed, which avoids undesirable irradiation of healthy tissues behind the tumor
- the well localized maximum of the proton energy losses in matter (the Bragg peak) leads to a substantial increase of the radiation dose in the vicinity of the proton stopping point

5

Proton therapy vs. X-rays

- One of the main challenges in radiation therapy is to deliver a substantially high and homogeneous dose to a tumor, while sparing neighboring healthy tissues
- Proton beams with high quality, i.e., with sufficiently small energy spread, $\Delta E/E$, is of fundamental importance



Relative dose deposition of different particles in human tissue

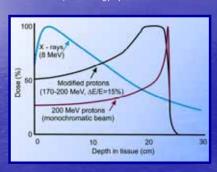
Proton therapy vs. X-rays

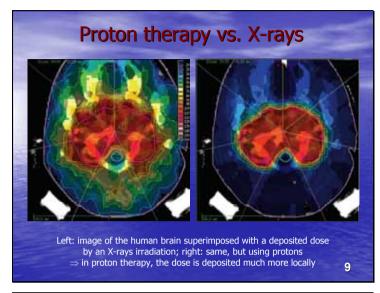
- Main difference between X-rays and particles is their different biological action and different depth dose distribution
- X-rays: the dose decreases exponentially for larger penetration depths → deep-seated tumors have to be irradiated for many parts in order to distribute the non-wanted dose in front of the tumor over a large volume when delivering a lethal dose to the tumor (up to 10 fields in Intensity Modulated Radio Therapy IMRT)
 - main problem: induction of secondary tumors
- Particle therapy: hadron beams have an inverse dose profile that produces a
 greater dose to the tumor than to the healthy tissue in the entrance
 - by Intensity Modulated Particle Therapy (IMPT), hadron beam is guided according to the shape of the zone to be treated (the tumor can be delineated in all its contours with a precision of 2 – 3 mm)
 - changing the ion energy shifts in depth the position of energy deposition, allowing proton therapy of deep-seated tumors
- Ions are better for radio-resistant tumors while protons minimize the risk of appearance of secondary tumors

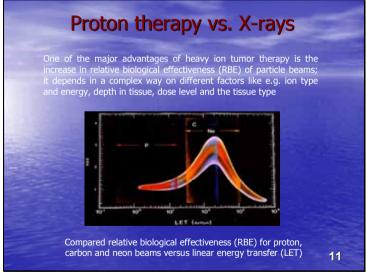
6

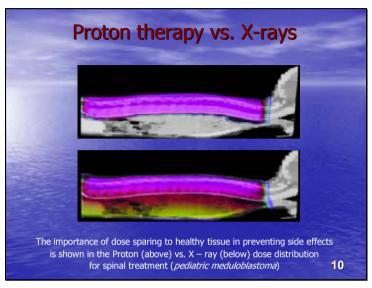
Proton therapy vs. X-rays

- If the proton beam is not completely monoenergetic, the energy deposition is modified and the dose is deposited on a longer path
- For a precision of ~ 1 mm, the energy spread needs to be $\Delta E < 0.3$ MeV

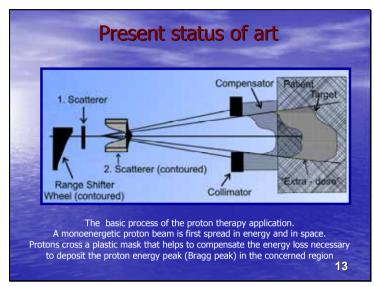


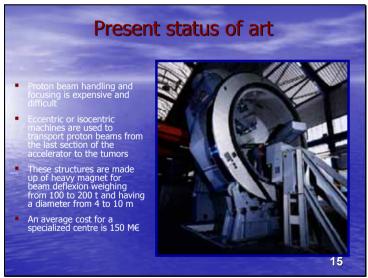


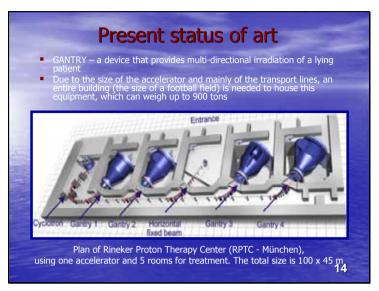


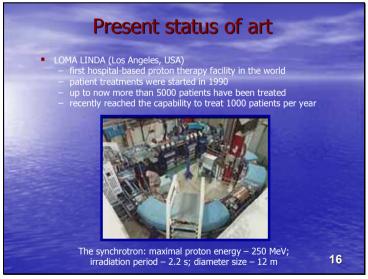














- NPTC (The Northeast Proton Therapy Center Boston, USA) has been treating patients with proton beams since November 2001. Over 200 patients were treated in the first year of operation
 - four operating beam lines

 - patient positioning system
 - deeper proton penetration
 - Allow a wider range of clinical applications:
 - head and neck sites (ocular melanomas – 96% success:
- chordoma 98% success; paranasal sinus – 80% success)
- prostate
- hepatocellular carcinoma
- lung cancer
- rectal carcinoma
- pediatric tumors



The proton cyclotron (230 MeV) produced by industry (Ion Beam Applications – IBA) (size: 4 m diameter; weight: 220 tops)



Present status of art

PARTICLE THERAPY CENTERS:

NORTH AMERICA, CANADA:

- Francis H. Burr Proton Therapy Center (NPTC), Boston
- Loma Linda University Proton Therapy Center, CA
- University of California, Crocker Nuclear Lab, CA
- Midwest Proton Radiotherapy Institute, Bloomington
- M.D. Anderson Proton Therapy Center, Houston, TX
- University of Florida Proton Therapy Institute, Jacksonville
- National Association for Proton Therapy
- Hampton University Proton Therapy Institute, Hampton, VIA
- Northern Illinois Proton Treatment and Research Center
- The Roberts Proton Therapy Center, Pennsylvania

TRIUMF Proton Therapy Facility, Vancouver

19

Present status of art

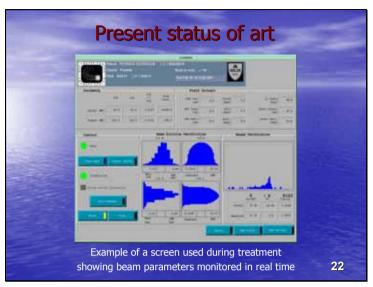
PARTICLE THERAPY CENTERS:

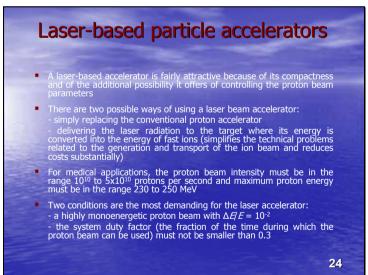
- Proton Therapy Centre, Paul Scherrer Institute (PSI), Switzerland
 Centre de Protonthérapie, Orsay, France
 Centre Antoine Lacassagne, Nice, France
 Centre of Oncology, Clatterbridge, UK

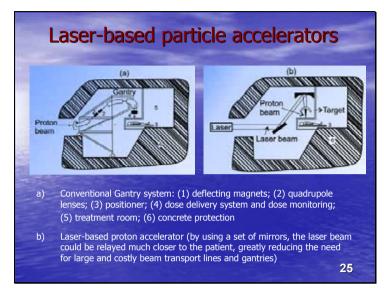
- Proton Therapy, Charité/HZB (formerly HMI), Berlin, Germany
- Biophysics and Therapy Centre, GSI, Darmstadt, Germany
- Radiation and Radiobiological Research, JINR, Dubna, Russia
- Medical Physics Department, ITEP, Moscow, Russia
- Gatchina Medicine Radiation Facility, St. Petersburg, Russia
- CATANA, INFN, Catania, Sicily, Italy
- RPTC, Munich, Germany
- WPE, Essen, Germany
- Particle Therapy Center, Malburg, Germany
- Ion Beam Therapy Center, HIT, Heidelberg, Germany
- NRoCK, Kiel, Germany
- TERA Foundation, Novara, Italy
- The Svedberg Laboratory, Uppsala, Sweden
- MedAustron, Wienerneustadt, Austria

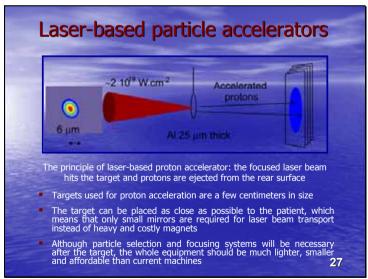












Laser-based particle accelerators

- Laser proton accelerators are based on the fact that the nonlinear interaction of high-power laser radiation with matter is accompanied by the efficient conversion of laser energy into the energy of fast particles
- Energetic proton beams with high beam quality have been produced in the last ten years from thin metallic foils (usually aluminum) irradiated by ultraintense short laser pulses $(I > 10^{18} \ {\rm W\cdot cm^{-2}})$
- Protons accelerated from solids originate primarily from hydrogenated contaminant layers of water vapor and hydrocarbons on the target surface
- These proton beams have a number of unique properties, including high brightness (~10¹² ions in subpicosecond-scale bunches) and ultralow emittance, they are extremely laminar, collimated (~15° half-angle with a divergence decreasing with the beam energy), with a smooth angular distribution and a duration at the source of the order of tens of femtosecond till one picosecond
- For the human body it is not relevant if protons arrive continuously or pulsed, since human cells do not react differently when a source is continuous or pulsed with a repetition rate higher than 10 Hz

26

Laser-based particle accelerators

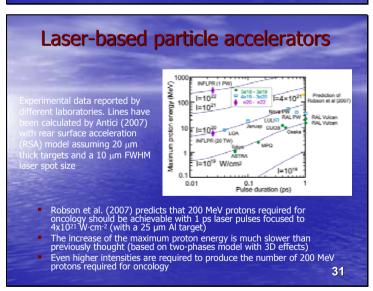
MECHANISM

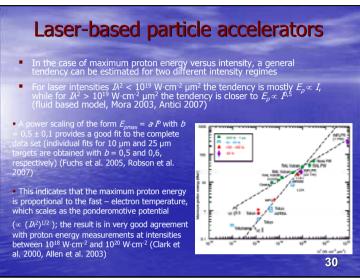
 when multiterawatt laser radiation interacts with a target, matter is ionized in an interval shorter than a single optic oscillation period of the laser radiation, producing a collisionless plasma

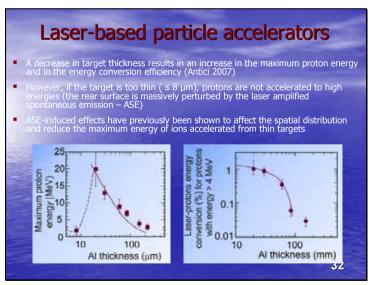
- under the action of the laser radiation the electrons are expelled from a region on the foil with transverse size of the focal spot

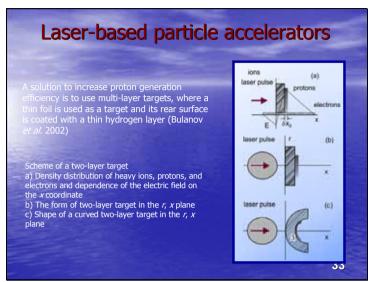
- The basic mechanism involved in the production of these proton beams is electrostatic acceleration of protons at the target rear (non-irradiated) surface. The proton acceleration is achieved by charge-separation electric fields (gradients of the order of MV µm¹) induced by the laser-accelerated hot electrons produced at the front surface going through the target and emerging from the rear
- Till now, protons with energies up to 60 MeV and heavier ions with energies up to ~ 7 MeV per nucleon have been measured; efficiencies between 0.2% and 6.0% were observed
- Electron energies were measured in the range of hundreds of MeV
- The present-day laser parameters (pulse energy, pulse duration, peak intensity and focal spot size) are not yet optimized for the intended applications

Laser-based particle accelerators The proton energy has to be high enough to penetrate through several centimeters of tissue, that is, 60 MeV corresponding to eye tumors or to tumors in small animals for preclinical studies, and 250 MeV corresponding to the deepest zones to be treated (25 cm) Laser intensity required to achieve 200 MeV as maximum proton energy for various laser pulse durations and target thicknesses (based on fluid model, Fuchs et al. 2005)



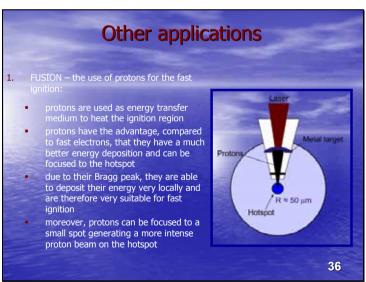








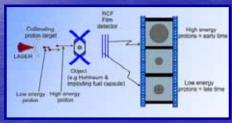
Laser-based particle accelerators Alternative paths for proton energy by a controllable large preplasma in front of the solid (increases the number and the temperature of the accelerated Half gas bag it can be achieved by using a controlled gas (e.g. He) in front of the target ("gas bag targets") Laser by the relativistically transparency regime; the laser pulse interacts with the whole volume of an ultra thin (30 - 500 nm) dense target and accelerates efficiently the whole electron population ⇒ it requires ultra-high temporal contrast 34



Other applications

2. RADIOGRAPHY

- an interesting application of laser-generated proton beams relies on their unique spatial properties of high laminarity or low emittance
- they can be used in radiography, producing images with high spatial resolution; since protons are sensitive to electric fields, they are therefore able to probe electric fields
- as they can penetrate deep into matter, depositing their energy very locally (Bragg-peak), they can radiograph dense objects
- using the time of flight (TOF) technique they allow detecting details of a few microns on picoseconds timescale



Other applications

4. SPALLATION

- is the process in nuclear physics when a very high-energy proton bombards a heavy atomic nucleus and neutrons are emitted in the nuclear reaction
- at high proton energies (~ 1 GeV), for every proton striking a heavy nucleus, 20 to 30 neutrons are expelled
- there are two spallation processes using protons: the direct and the indirect spallation
 - the direct spallation is when the proton directly hits the heavy atomic target (e.g. ⁹⁰Sr, ¹³⁷Cs), generating neutrons and more stable heavy ion isotopes
 - the indirect spallation is when protons bombard a heavy atomic element and neutrons are generated that activate the transmutation process (this process is much more efficient than direct spallation, since the energy needed for transmutation is about 1/3 the energy needed for creating the isotopes)
- spallation processes are one of the main possibilities for transmutation of radioactive isotopes; transmutation is the transformation of long-lived radioactive isotopes into more stable short-life (< 30 years) isotopes
- spallation is used for the treatment of nuclear waste

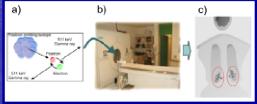
39

37

Other applications

- 3. PET (Positron Emission Tomography)
 - a nuclear medicine technique used for medical imaging
 - uses positron emitters to characterize the biochemical function of cells, organs, and body structures in vivo, producing a three-dimensional image or map of functional processes
- To produce intense radioisotope sources for PET (> 10^9 Bq of 11 C or 18 F are commonly used per patient dose), a large number of protons with energy ~ 10 MeV is required
- Recently, it was measured up to 10^7 Bq of ^{11}C and 10^5 Bq of ^{18}F produced by laser-accelerated protons

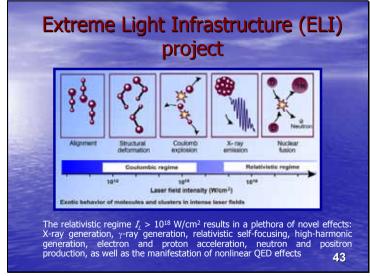
Operating mode of PET

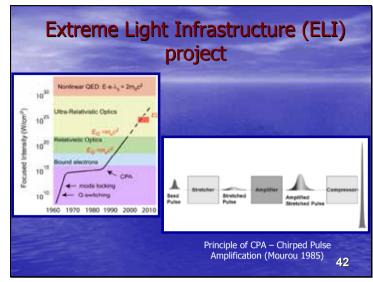


Extreme Light Infrastructure (ELI) project

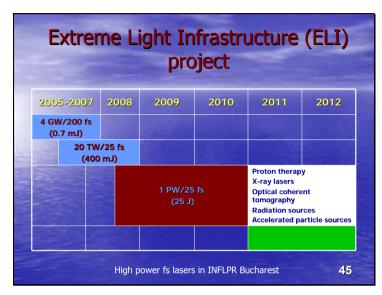
- ELI would be the first infrastructure dedicated to the fundamental study of laser-matter interaction in a new and unsurpassed regime of laser intensity: the ultra-relativistic regime ($I_{\rm i} > 10^{23}~{\rm W/cm^2}$); it would be an exawatt-class laser ~ 1000 times more powerful than either existing laser; ELI would attain its extreme power from the shortness of its pulses (femtosecond and attosecond)
- The infrastructure would serve to investigate a new generation of compact accelerators delivering energetic particles and radiation beams of femtosecond (10⁻¹⁵ s) to attosecond (10⁻¹⁸ s) duration; relativistic compression offers the potential of intensities exceeding I/> 10⁻²⁵ W/cm², which would challenge the vacuum critical field as well as provide a new avenue to ultrafast attosecond to zeptosecond (10⁻²¹ s) studies of laser-matter interaction.
- Romania is one of the 13 members of the consortium formed by European countries and a candidate to host the infrastructure
- ELI-PP (Preparatory Phase) is a contract financed by EU FP 7 Program for three years (November 2007 – October 2010) (6 M€)

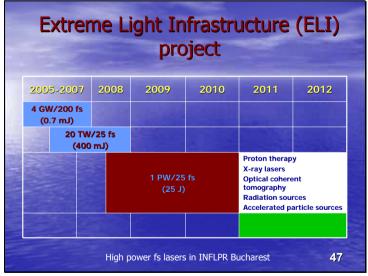




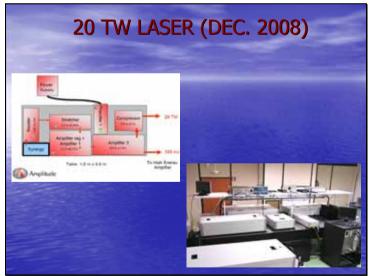


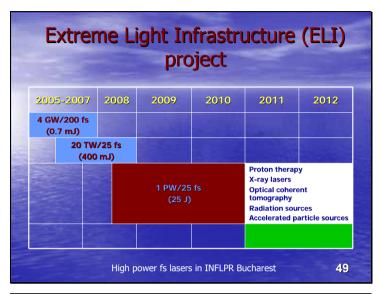












LEI 2009 Light at Extreme Intensities Scientific opportunities and technological issues of the Extreme Light Infrastructure October 16 - 21, 2009 Brasov, Romania http://lei2009.inflpr.ro

Conclusions The future of proton therapy requires the construction of specialized centers, equipped with modern diagnostics and medical accelerators near oncological clinics The construction of small centers would make it possible to provide cheaper facilities for hadrontherapy closer to the patients ⇒ a possible solution is to produce a special before the proton accelerator

- The use of multi-layer targets with different shapes and composition opens up additional opportunities for controlling the parameters of the fast proton beam, for optimizing its energy spectrum, the number of particles per bunch, the beam focusing and the size of the region where the beam deposits its energy
- To increase the duty factor we must use a system of several high-power,
 1 Hz repetition rate lasers or to use a multi-stage acceleration scheme in the case of moderate power, high repetition rate (1 kHz) lasers
- The generation of fast ions becomes highly effective when the laser radiation reaches the petawatt power limit
- By optimizing the laser-target parameters, it becomes possible to accelerate protons up to energies in the several hundred MeV range

50

KEY TOPICS

- * High intensity and ultrashort pulse lasers
- * Exotic physics at high laser intensities
- * Secondary sources of particles
- * Secondary sources of X-ray
- * Attosecond generation and applications
- * Science and society



